

## **Hazleton Area Cyber Academy NEWSLETTER**

September 30, 2022

#### **FALL IS IN THE AIR**

It's back! Fall in Pennsylvania is a time for hayrides, pumpkin patches and haunted houses. It's the time we switch from shorts and t-shirts to sweaters and jeans. But don't forget about our fall sports. There are plenty of fall sports to choose from. Every Friday night you can catch our Hazleton Cougars under the stadium lights. You also have our cheerleading squad cheering on our players. Don't forget to check out our Cross Country, Field Hockey, Golf, Soccer, Tennis, Volleyball and Water Polo teams. For a full list of events visit: https://hasdcougars.org/

#### **ANNOUNCEMENTS**

Do you want to know what is happening at the Cyber Academy? We have numerous ways for you to find out what is happening at the Academy and/or your homeschool.

<u>The Hazleton Area Cyber Academy website</u> has a link for all the Cyber Academy happenings.

Teachers have links in their Teams to the Cyber Academy announcements.

High School students can always go to the high school's webpage to find out club and sports sign ups as upcoming events such as Homecoming or dances.

Don't forget you can always follow up on social media. We are on Facebook and Instagram. Just search Hazleton Area Cyber Academy. Be sure to follow and like.





Need some help with Microsoft Team? <u>Click here</u> to watch a short orientation video as well as how to access Microsoft Teams from a laptop, tablet or your phone.



# HOMECOMING

#### SPIRIT WEEK EVENTS

October 19- Cougar Parade and

**Bonfire** 

Parade Line Up-5:30PM

Parade- 6:00PM

Bonfire-7:00PM

October 21- Homecoming Ceremony

During half-time of the

7:00PM football game

October 22- Homecoming Black Light

Dance 7:00PM-9:30PM

Career Center



#### SCHOOL PICTURES

K-6 Wednesday October 12

7-12 Thursday October 13

Will take place at the Laurel Mall. Times to follow

#### TIPS FOR ONLINE LEARNING

Online learning has been around long before the pandemic. However, it may be new to you. Whether you are new to online learning or have been doing it for the past few years, here are some good tips for you.

CREATE A SPACE TO GO TO SCHOOL. It is important that students have a place to go to school. This should be a learning space that provides the opportunity for students to be comfortable. A place that is away from distractions and where they can concentrate.

CREATE A SCHEDULE. Schedules are important for all of us but more importantly for students. Establishing routines gives us a sense of security. A schedule gives us a way to organize our daily lives. Therefore, setting up a schedule will help your or your child stay on pace with their online learning

COMMUNICATION. Be sure to communicate with teachers. When learning online you are no longer face to face with the instructor so it is difficult for the teacher to determine if students are "getting it". That is why it is imperative that you stay in contact the teacher especially if your child does not understand the content.

BREAKS. Taking "brain breaks" are a great way for students to reboot. Breaks are essential for achieving productivity, improving attentiveness and reducing stress. Breaks should be built into schedules and should be approximately 10-20 minutes. Stepping away from the computer and do something they find fun or just take the time to relax allows students to stay motivated to learn.

Taken from an article written by Michele Medek.

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### **Hazleton Area Cyber Academy**



Meet Mrs. Chicalese. She is your high school Physical Education and Health cyber teacher. This is Mrs. Chicalese's 22<sup>nd</sup> year teaching. Mrs. Chicalese loves teaching online because she says, "It requires her to be more creative." In her free time she loves to attend her children's sporting events, shopping, traveling and going out to eat. Her favorite food to eat is pizza. She is a dog person. When asked what was the last book you read, Mrs. Chicalese responded, "I'm a PE teacher, we like hands on/movement activities." She loves 80's hair band music especially Bon Jovi. The last show she binge watched was Cobra Kai. If she could have dinner with one person dead or alive she said she would love to have dinner with her father who passed away. She wonders if he would be proud of the wife and mother she became. When asked, "tell us something about yourself that you want everyone to know". She responded that "her kids and her husband are her life. We are excited to have someone with the educational expertise that Mrs. Chicalese has on the Hazleton Area Cyber Academy Team.